

**School Counselor
Information**

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**COVID-19 Community
Resources**



**OHIO DEPARTMENT OF
EDUCATION RESOURCES:**
Supporting your child socially / emotionally

**SOCIAL / EMOTIONAL
SUPPORT**

[Family toolkit](#)

[Adults Coping with the
Holidays](#)

[ACB's of Mental Health](#)

[Rainbow Yoga](#)

CRISIS INFORMATION

If you or a family member is in crisis, please call:

- Lorain County Crisis Hotline anytime at 440-204-4222
- Crisis Text Line - text '4hope' to 741-741 anytime

LEAVE A
LITTLE
SPARKLE
WHEREVER
YOU GO

A Message from Your Counselor:

Hello Durling Middle School!

I hope you are all well and staying healthy! I miss everyone! Please know that I am available via email if you need anything at all. I am also happy to Zoom or have a phone call. I am so proud of how resilient everyone has been throughout this crazy year! I hope you all have a wonderful and safe holiday!

~Miss Hanna~

"We make a living by what we get, we make a life by what we give" - Winston Churchill